

## Analyse 400m

## P.Lavanchy

Name		Zeitnahme				Bahn	Rang		
<b>Lavanchy Pierre</b>		<b>Video (Dartfish) ab Startbewegung (+0,20)</b>				<b>3</b>	<b>8</b>		
Datum	Wettkampf		Ort		Endzeit				
<b>11.07.2006</b>	<b>Athlétissima</b>		<b>Lausanne</b>		<b>45.97</b>				
Distanz	Zeit	Lap 100m	V m/s	Lap 200m	Diff 200m	Schritte	Lap Schritte	Lap Frequenz	Lap Länge
100m	<b>11.46</b>	<b>11.46</b>	<b>8.73</b>			<b>44.50</b>	<b>44.50</b>	<b>3.88</b>	<b>2.25</b>
200m	<b>22.43</b>	<b>10.97</b>	<b>9.12</b>	<b>22.43</b>		<b>85.00</b>	<b>40.50</b>	<b>3.69</b>	<b>2.47</b>
300m	<b>33.73</b>	<b>11.30</b>	<b>8.85</b>			<b>128.00</b>	<b>43.00</b>	<b>3.81</b>	<b>2.33</b>
400m	<b>45.97</b>	<b>12.24</b>	<b>8.17</b>	<b>23.54</b>	<b>1.11</b>	<b>173.50</b>	<b>45.50</b>	<b>3.72</b>	<b>2.20</b>
<i>Mittelwert</i>		<i>11.49</i>	<i>8.72</i>	<i>22.99</i>			<i>43.38</i>	<i>3.77</i>	<i>2.31</i>

Name		Zeitnahme				Bahn	Rang		
<b>Lavanchy Pierre</b>		<b>Video (Dartfish) ab Startbewegung (+0,20)</b>				<b>4</b>	<b>5</b>		
Datum	Wettkampf		Ort		Endzeit				
<b>22.07.2006</b>	<b>Swiss-Meeting</b>		<b>Bern</b>		<b>47.32</b>				
Distanz	Zeit	Lap 100m	V m/s	Lap 200m	Diff 200m	Schritte	Lap Schritte	Lap Frequenz	Lap Länge
100m	<b>11.78</b>	<b>11.78</b>	<b>8.49</b>			<b>45.50</b>	<b>45.50</b>	<b>3.86</b>	<b>2.20</b>
200m	<b>22.58</b>	<b>10.80</b>	<b>9.26</b>	<b>22.58</b>		<b>86.50</b>	<b>41.00</b>	<b>3.80</b>	<b>2.44</b>
300m	<b>34.08</b>	<b>11.50</b>	<b>8.70</b>			<b>129.50</b>	<b>43.00</b>	<b>3.74</b>	<b>2.33</b>
400m	<b>47.32</b>	<b>13.24</b>	<b>7.55</b>	<b>24.74</b>	<b>2.16</b>	<b>175.00</b>	<b>45.50</b>	<b>3.44</b>	<b>2.20</b>
<i>Mittelwert</i>		<i>11.83</i>	<i>8.50</i>	<i>23.66</i>			<i>43.75</i>	<i>3.71</i>	<i>2.29</i>

Name		Zeitnahme				Bahn	Rang		
<b>Lavanchy Pierre</b>		<b>Video (Dartfish) ab Pistolenrauch</b>				<b>1</b>	<b>1</b>		
Datum	Wettkampf		Ort		Endzeit				
<b>30.07.2006</b>	<b>Schweizer-Meisterschaft</b>		<b>Olten</b>		<b>47.15</b>				
Distanz	Zeit	Lap 100m	V m/s	Lap 200m	Diff 200m	Schritte	Lap Schritte	Lap Frequenz	Lap Länge
100m	<b>11.58</b>	<b>11.58</b>	<b>8.64</b>			<b>45.00</b>	<b>45.00</b>	<b>3.89</b>	<b>2.22</b>
200m	<b>22.72</b>	<b>11.14</b>	<b>8.98</b>	<b>22.72</b>		<b>86.50</b>	<b>41.50</b>	<b>3.73</b>	<b>2.41</b>
300m	<b>34.64</b>	<b>11.92</b>	<b>8.39</b>			<b>130.50</b>	<b>44.00</b>	<b>3.69</b>	<b>2.27</b>
400m	<b>47.15</b>	<b>12.51</b>	<b>7.99</b>	<b>24.43</b>	<b>1.71</b>	<b>176.00</b>	<b>45.50</b>	<b>3.64</b>	<b>2.20</b>
<i>Mittelwert</i>		<i>11.79</i>	<i>8.50</i>	<i>23.58</i>			<i>44.00</i>	<i>3.73</i>	<i>2.28</i>

Name		Zeitnahme				Bahn	Rang		
<b>Lavanchy Pierre</b>		<b>Video (Dartfish) ab Startbewegung (+0,20)</b>				<b>4</b>	<b>5</b>		
Datum	Wettkampf		Ort		Endzeit				
<b>07.08.2006</b>	<b>EM VL</b>		<b>Göteborg</b>		<b>46.71</b>				
Distanz	Zeit	Lap 100m	V m/s	Lap 200m	Diff 200m	Schritte	Lap Schritte	Lap Frequenz	Lap Länge
100m	<b>11.76</b>	<b>11.76</b>	<b>8.50</b>			<b>45.50</b>	<b>45.50</b>	<b>3.87</b>	<b>2.20</b>
200m	<b>22.70</b>	<b>10.94</b>	<b>9.14</b>	<b>22.70</b>		<b>87.00</b>	<b>41.50</b>	<b>3.79</b>	<b>2.41</b>
300m	<b>34.16</b>	<b>11.46</b>	<b>8.73</b>			<b>131.00</b>	<b>44.00</b>	<b>3.84</b>	<b>2.27</b>
400m	<b>46.71</b>	<b>12.55</b>	<b>7.97</b>	<b>24.01</b>	<b>1.31</b>	<b>177.25</b>	<b>46.25</b>	<b>3.69</b>	<b>2.16</b>
<i>Mittelwert</i>		<i>11.68</i>	<i>8.58</i>	<i>23.36</i>			<i>44.31</i>	<i>3.80</i>	<i>2.26</i>